



# An Introduction to Norfolk Forensic Community Learning Disability Team (NFC-LD)

**RADiANT Network**  
**25<sup>th</sup> August 2023**

**Sadie Clarke RNLD**

**Our Values**  
Welcoming  
Kind  
Positive  
Respectful  
Professional





Hertfordshire  
Partnership University  
1995 Foundation Trust

*NORFOLK FORENSIC COMMUNITY  
LEARNING DISABILITY TEAM*

# NFC-LD Intervention Pathways

## Pathway 1

### Consultancy

e.g. forensic risk assessment; diagnostic clarification and formulation; guidance around treatment related issues (Based on referrals from secondary care)

## Pathway 2

Outpatient offence specific treatment programmes for people with 'forensic' needs  
e.g. treatments that address sex offending, fire setting, anger management and interpersonal violence (Based on referrals from secondary care)

## Pathway 3

In-reach into current secure inpatient settings to facilitate the discharge process and offer continuity of care after discharge to the community.

The team will work closely with the inpatient team and share responsibility for some aspects of the care planning.

# Team training & skills building



## Bronze

Training to community providers and care teams that can be person or topic specific.

ASD, LD, PD, Trauma, Attachment, Formulation, Risk management, ODD, ACES....



## Silver

Training in a range of standardised tools and therapy programmes.

HCR20 v3, ARMIDILO-S, START, SOTSEC ID, Sensory training , DBT, CBT, Motivational Interviewing...



## Gold

Training that leads to a qualification.

The Royal College of Psychiatrists Certificate course on Autism, Developmental Disorders, and the Criminal Justice System

Training outcomes are tracked by our trainer

Nursing

Psychology



Social Work

Psychiatry

Training  
Nurse

Occupational  
Therapy

Speech and  
Language  
Therapy

# The Team



# A little about Simon

- 50yr old Male with Learning Disabilities and Paranoid Schizophrenia
- Adverse Childhood experiences and possible sexual abuse
- Deterioration following death of his long term husband resulting in homelessness
- Simon became worried about being homeless again and not having food



# How others felt about our work with Simon.....

## Family

*They have been flabbergasted (mum's words) by the care and attention to detail Simon received since becoming ill and subsequently his passing and very Simon funeral.*

*They were touched by the number of people who attended the funeral and those that relayed stories and tales. The eulogy will have a special place in their hearts.*

## Responsible Clinician

*It was, despite the circumstances, a great experience working with your community team. Their positivity, organisation and persistence were excellent. Particular mention for staff on and two, both went above and beyond.....Their relationship with Simon and his family ensured in the end, a good death.*

## Service Manger

*Despite the sad and sudden news about Simon, I just want to thank you both for being so supportive to us with Simon. In all the time I have worked in this environment I think this has been the best experience of joint working I have known and it certainly improves the experience for the individual and for us who did not know him for very long.*

# A Moment With Jo

Examples of collaborative working with inpatient teams





# Feedback

“[Manager of Community Care Provider] advised that as soon as the [MDT] meeting finished, the [NFC-LD Practitioner] called her up and offered really good reassurance and explained all the they would be providing which [Manager] was really impressed with. She now feels really positive about this discharge. This has almost certainly rescued this placement and I’m really impressed with this approach.” – Norfolk County Council

“I now feel more confident being out of the house” – Service User

“He is very appreciative of those weekly meetings with your team” – Inpatient Assistant Psychologist

“[The plan] is very detailed, easy to understand and reflects his needs and risks. Hopefully these documents will help us find him suitable accommodation in community.” - Inpatient Consultant Psychiatrist

“I think the plan is very clear on what his needs are and how the risks can be managed in the community.” - Solicitor

“Things are going well, everyone turns up on time, they are friendly, all input is good, people are approachable. I went away for a week and had a brilliant time, she was looked after, I did not need to worry, it was lovely thank you” - Carer

"Thank you so much for a fantastic and incredibly well ran/managed and presented event, which was also incredibly informative and indeed also presented fantastic opportunities to network. I am happily excited at the prospect of seeing improved patient outcomes and incorporation of research from a community LD perspective.“ – HPFT Staff Member

"Carry on what you are doing, you are doing very well, don't change anything“ – Service User

"Your presence was much appreciated given your communication skills and rapport with [Service User]“ – Police Officer

"We have felt really supported by the [NFC-LD] team“ - Community Care Provider

"Very friendly, helpful informative and professional“ – Community Care Provider

"Your team are very understanding, you let me decide when you come round, you let me get up at my own pace. I think this could be really helpful for my future“ – Service User

"We were very impressed with the service and have seen a great improvement in the service user“ – Community Care Provider

# Contact Information



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Enquiries - please contact  
the team duty worker on  
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Referrals – For all referrals for  
Norfolk Forensic Community LD  
Team or EATS please email  
[hpft.intensiveldsupport@nhs.net](mailto:hpft.intensiveldsupport@nhs.net)

**The working hours for the team are Monday-Friday 9am till 5pm.**

# Thank you

Any Questions?

