



MindEd

e-learning to support healthy minds

MindEd Update Webinar RCPsych

Thursday 6th May 2021

Dr Raphael Kelvin

Harry Weber-Brown

MindEd

Over 500 bite-size e-learning sessions

Free, open access to all

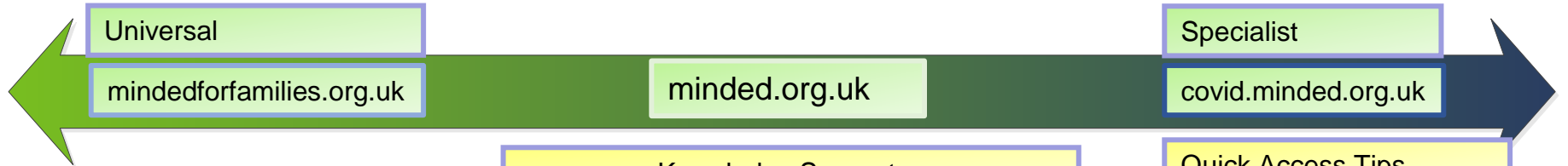
Authored by subject matter experts together with experts by experience

Led through the MindED consortium

The MindEd Consortium



Empowerment & Supporting Training for all



Psychoeducation

MindEd is a free learning resource about the mental health of children, young people and older adults.

MindEd for Families – children and teens

For Older People

Knowledge Support

Skills Development

MindEd

Full catalogue

- MindEd Core Common Elements
- MindEd Therapist Tools
- MindEd Learning - Therapies
- MindEd Learning - Therapies
- MindEd Healthy Child Mental Health Frameworks
- MindEd Targeted & Specialist Courses
- MindEd Digital Risk Resources
- MindEd for Families
- MindEd For Agencies
- MindEd General Resources
- MindEd Supporting Prescriptive Interventions, Assessment and
- MindEd Learning Outcomes
- MindEd Learning Paths
- MindEd Quality and Quality Improvement

Quick Access Tips

Webinars Education Wellbeing

MindEd

Coronavirus Staff Resilience Hub

Helping frontline staff to manage your mental health and wellbeing

Helping Each Other

Tips for Managers and Team Leaders

Stress and Fear

Trauma and Distress

End of Life and Bereavement

Further Resources for Managers

HM Government

Wellbeing For Education Return Covid-19

Mental health and wellbeing training Learning from the pandemic

Webinar 1

This project is funded by the Department for Education, Department of Health and Social Care, in partnership with Health Education England, Public Health England, NHS England and NHS Improvement

MindEd

Anna Freud National Centre for Children and Families

Who can use MindEd?

minded.org.uk

mindedforfamilies.org.uk

MindEd e-portal

covid.minded.org.uk

Home School Care Settings Criminal Justice Community General Hospital Specialist

Parents

Care worker

Social Worker

Nurse

Mental Health Services Workforce

Carers

School Counsellor

Covid-19 Health and Care Workforce

Family

Teacher

GP

Police and Youth Justice

Paediatrician

Psychologists

Faith Worker

School Nurse

Youth Counsellor

Psychiatrist

Early Years

Speech Therapist

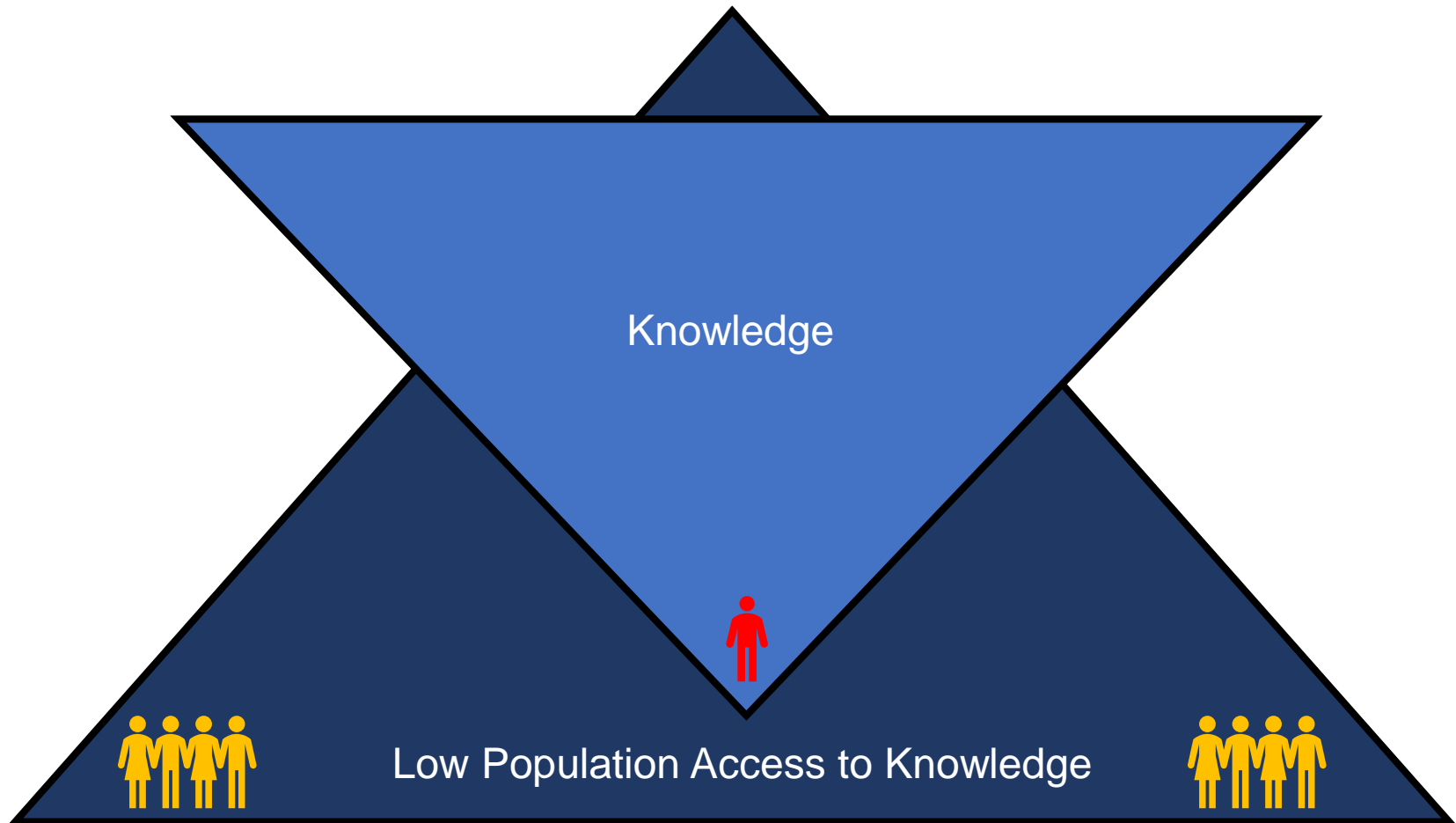
Physiotherapist

Psychotherapist

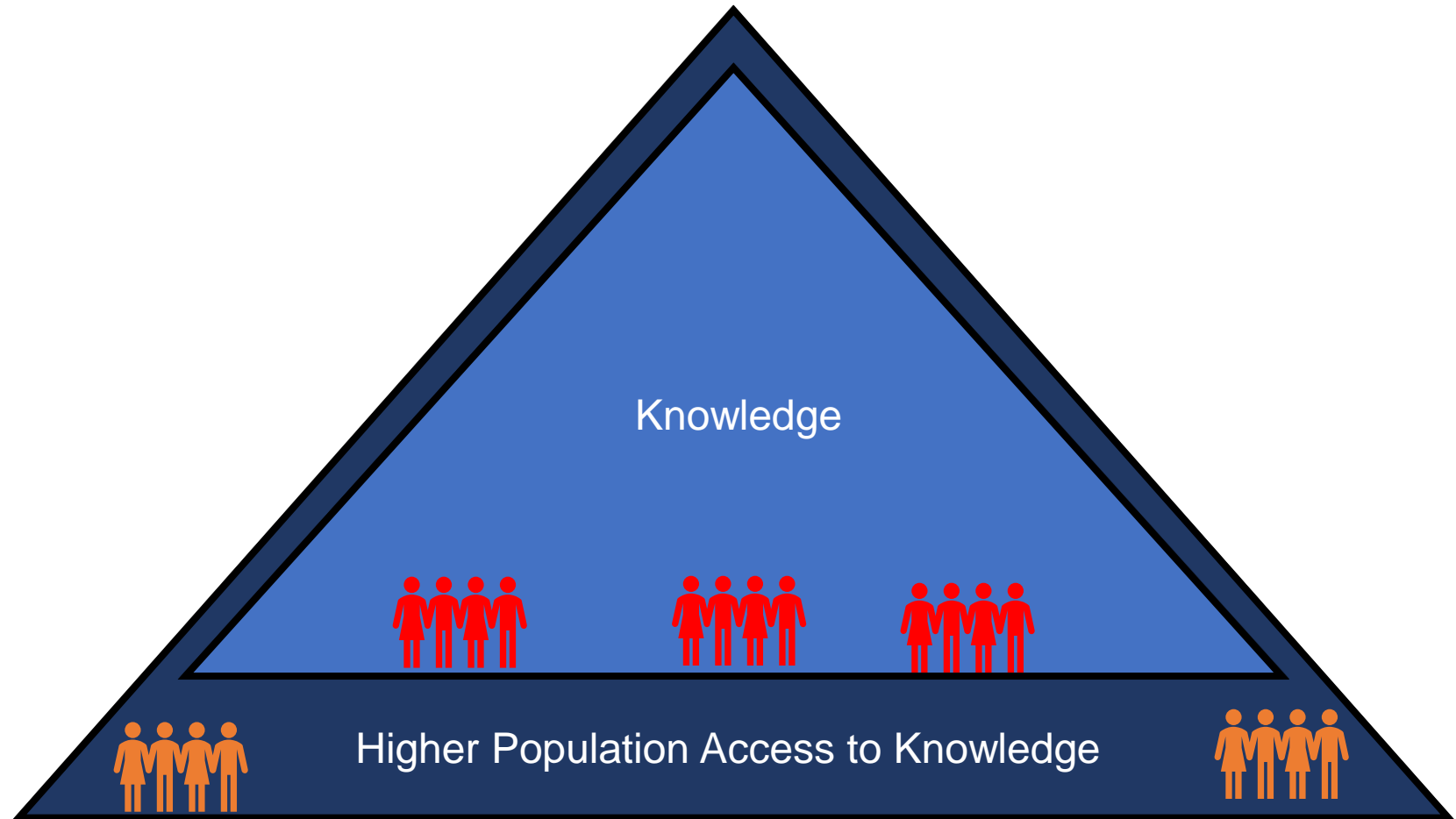
Volunteer



Our goals – flipping the inequality in mental health



Our goals – flipping the inequality in mental health



Our goals – meeting the workforce challenge

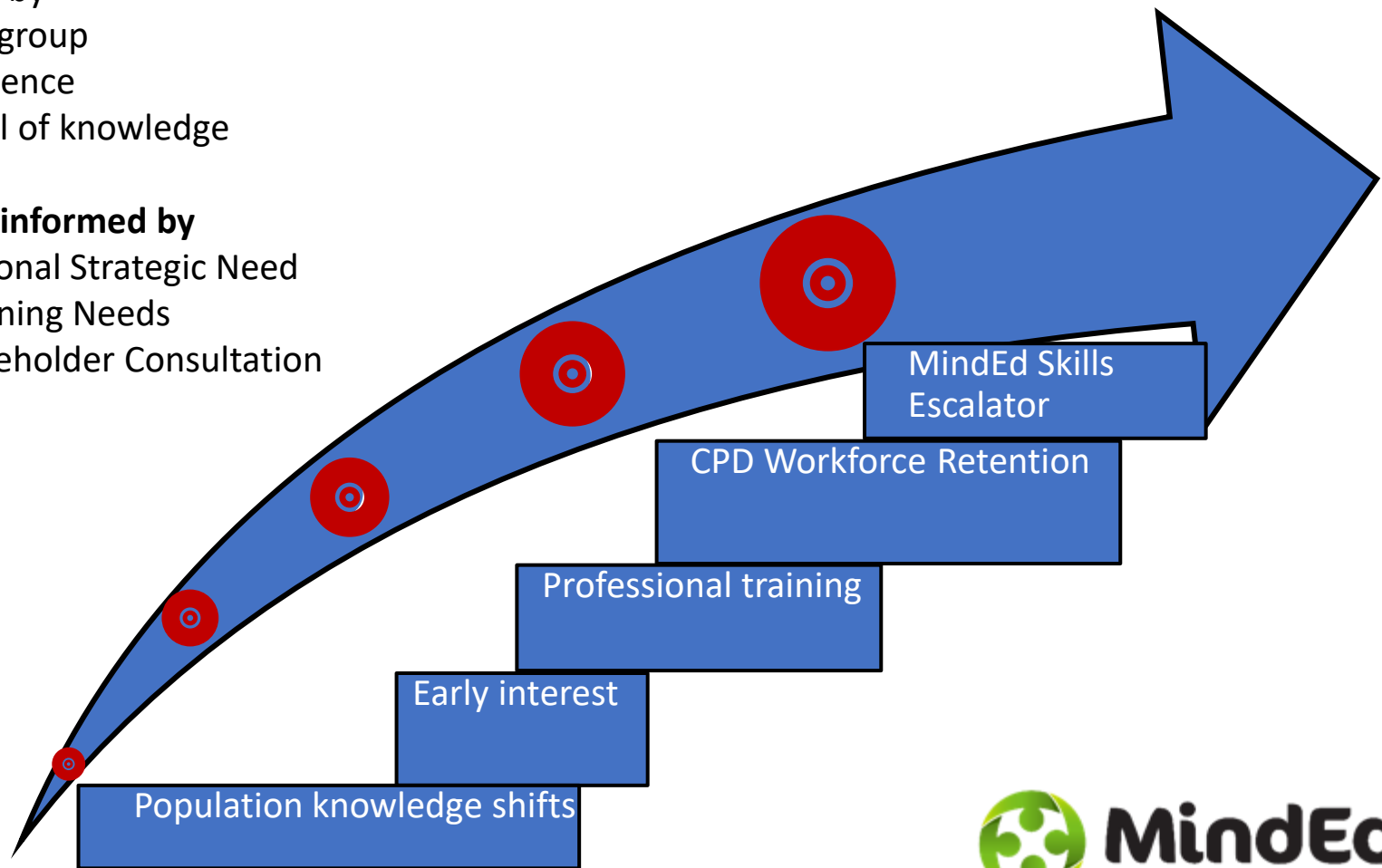
Curricula of learning

Targeted by

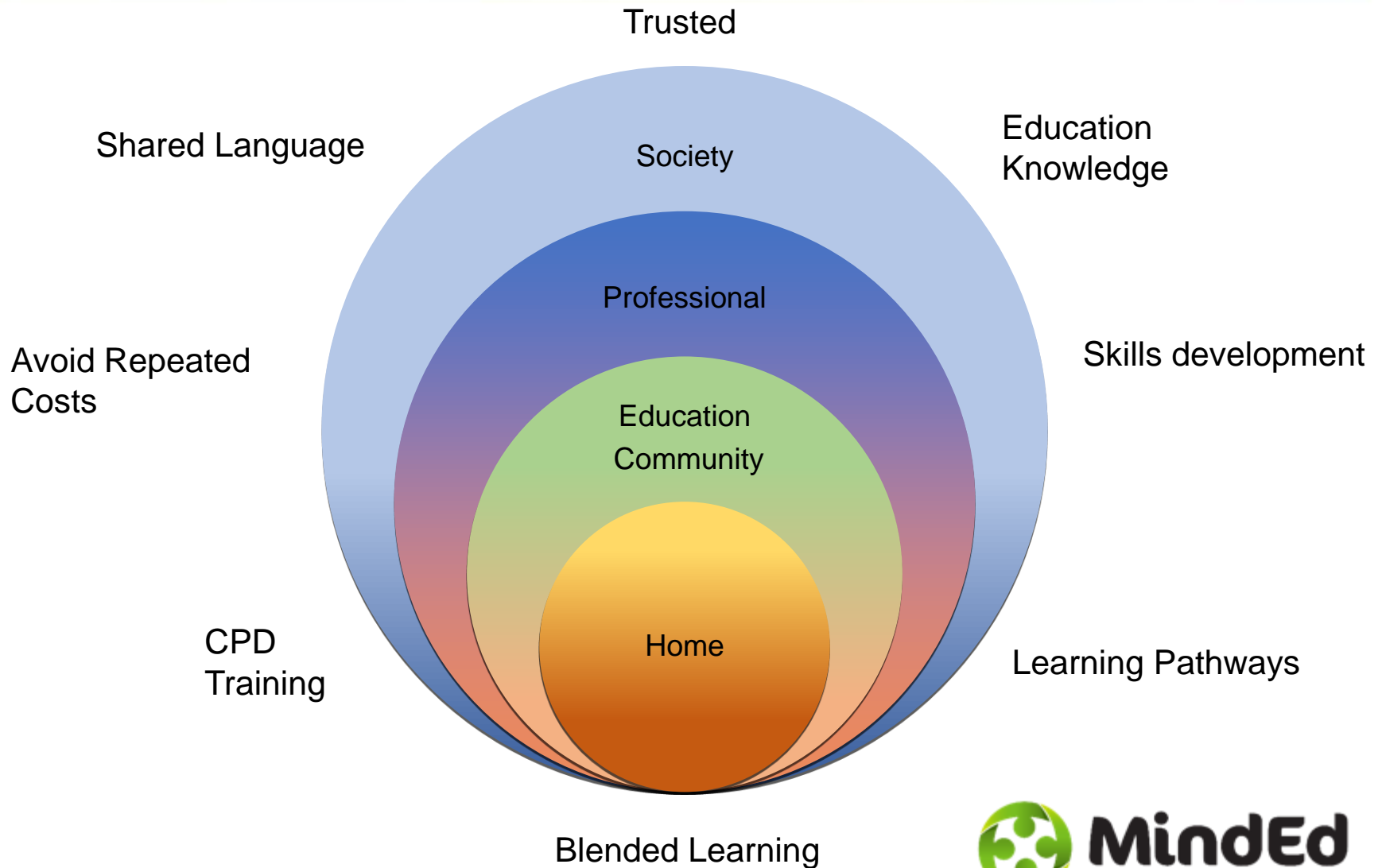
- 1) Age group
- 2) Audience
- 3) Level of knowledge

Content informed by

- 1) National Strategic Need
- 2) Learning Needs
- 3) Stakeholder Consultation



Meeting the workforce challenge



The MindEd Delivery Team Hosted at RCPsych

NHS HEE TEL Steering Group Chair

Dr Neil Ralph

Consortium Executive Chair

Dr Alistair Thomson

Consortium National Clinical Lead

Dr Raphael Kelvin

Editors

Lead Editor Dr Brian Jacobs, Dr Jacqueline Philips-Owen, Dr John Devapriam

Programme Team

Programme Manager, Harry Weber-Brown

Project Manager, Leah Mair

Administrator, Isadora Abrahamson

RCPsych Lead

Karla Pryce Head of RCPsych e learning and CPD

The wider MindEd Family

500 authors, experts by experience

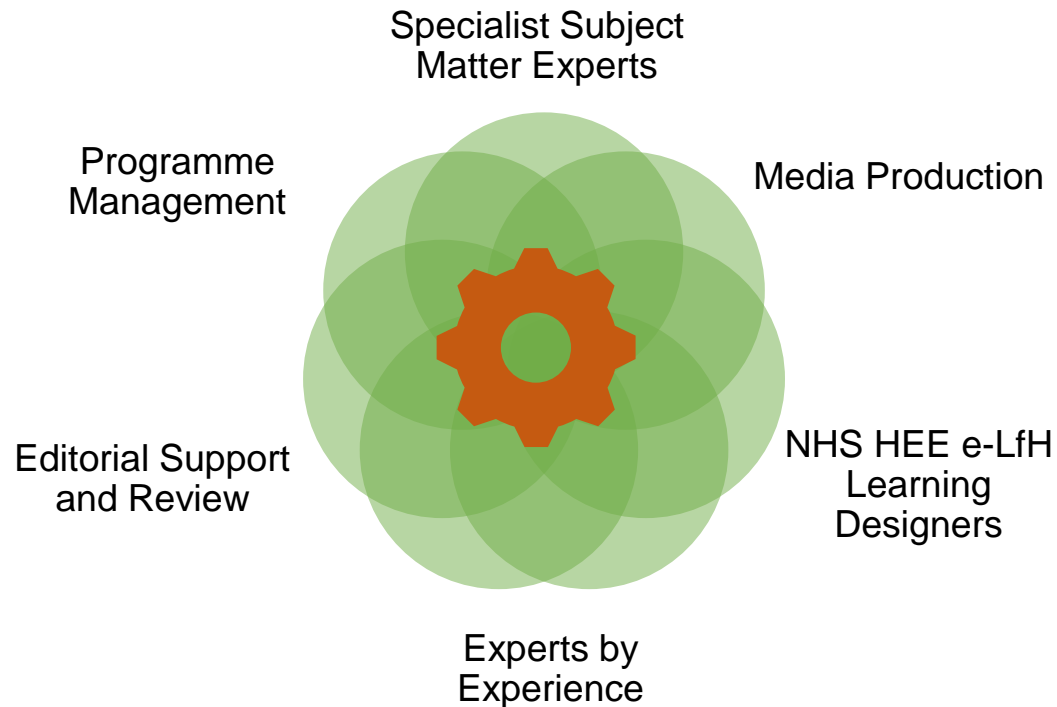


Governance and Quality Assurance

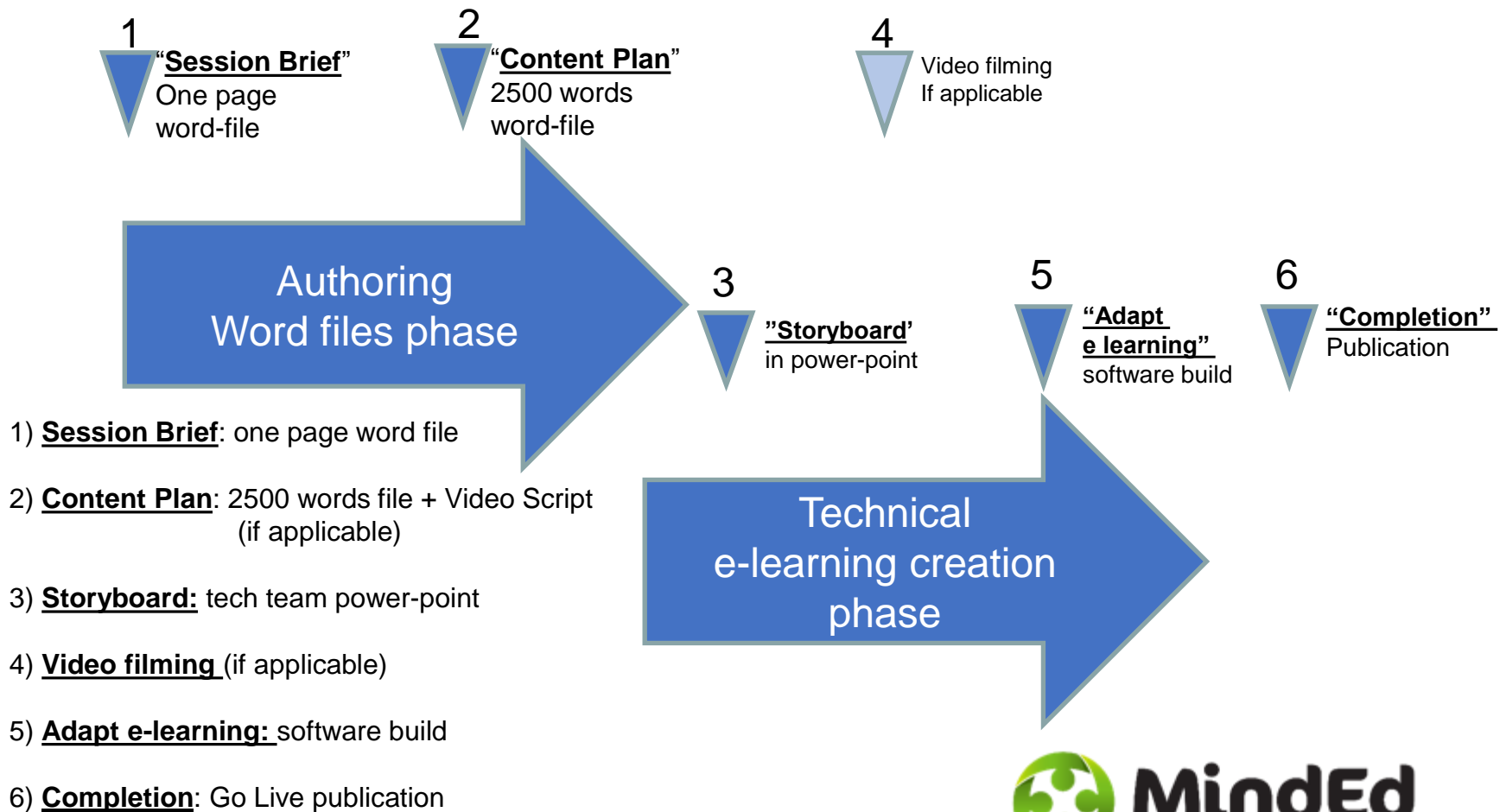


NHS HEE TEL MindEd
Steering Committee

MindEd Consortium
hosted by RCPsych



Development Process e-learning Sessions

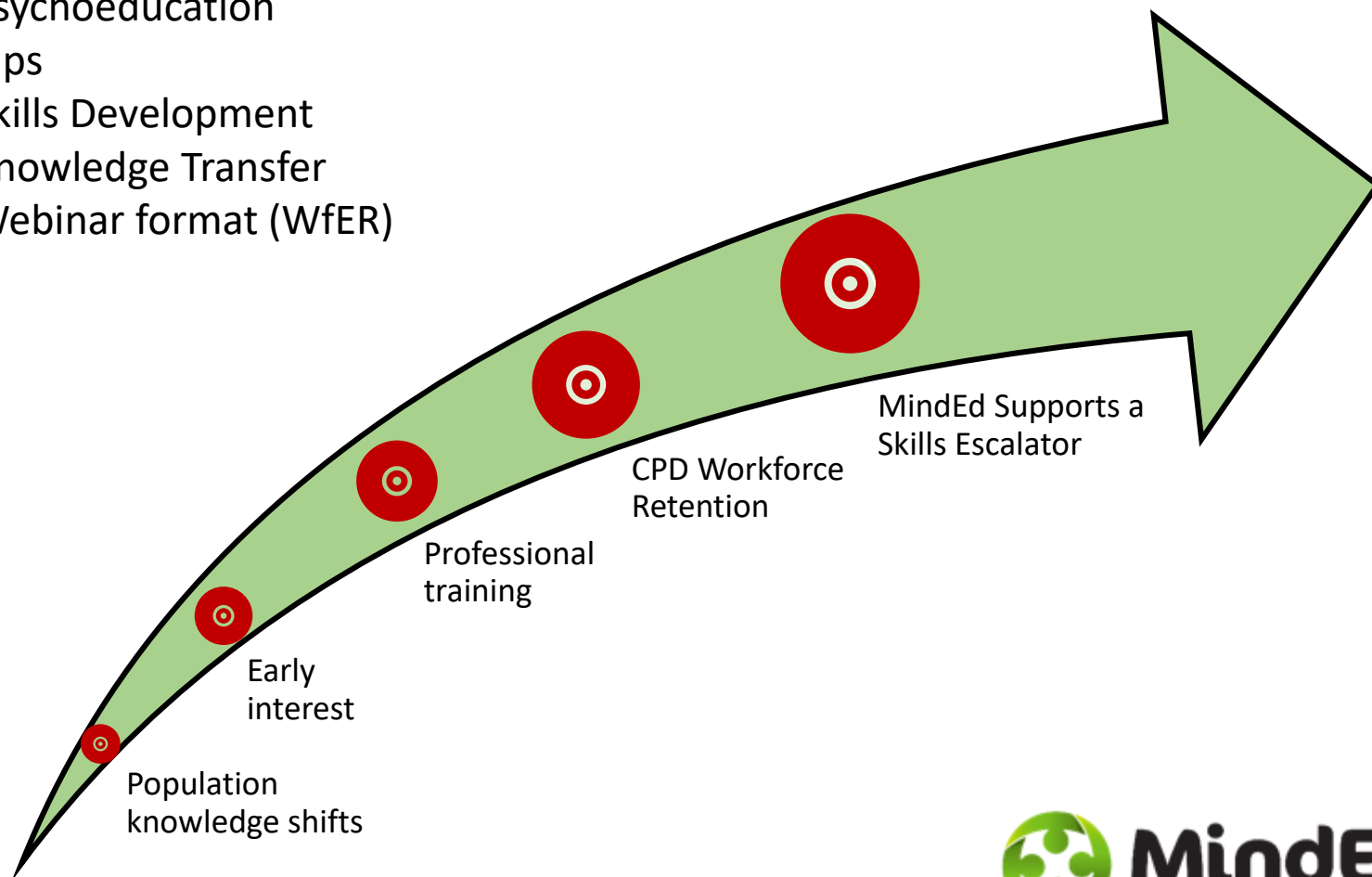


- 1) **Session Brief**: one page word file
- 2) **Content Plan**: 2500 words file + Video Script (if applicable)
- 3) **Storyboard**: tech team power-point
- 4) **Video filming** (if applicable)
- 5) **Adapt e-learning**: software build
- 6) **Completion**: Go Live publication

Formats – meeting the workforce challenge

Evidence-based & co-produced

- 1) Psychoeducation
- 2) Tips
- 3) Skills Development
- 4) Knowledge Transfer
- 5) Webinar format (WfER)



MindEd Usage in 2020

Activity Data

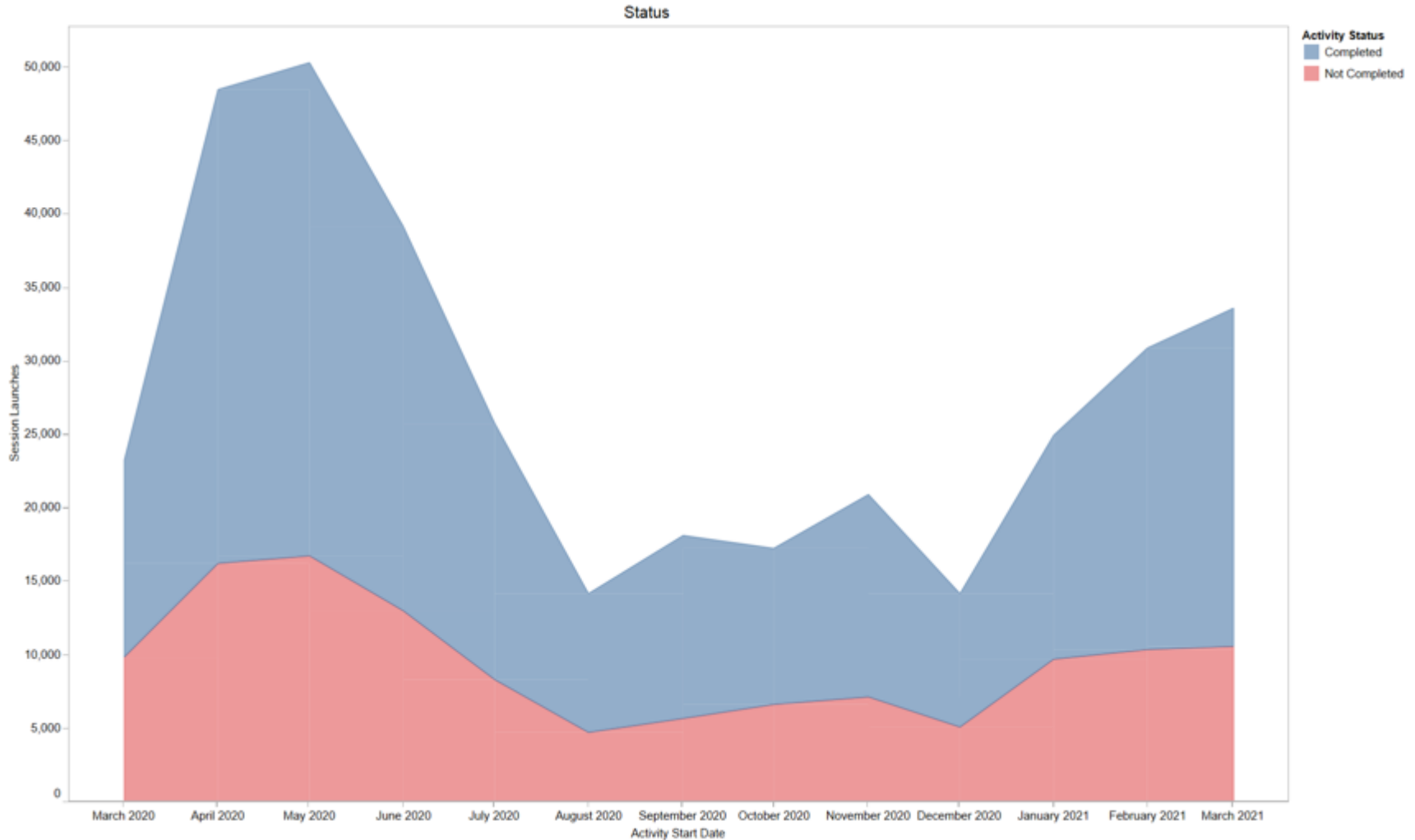
Year of Activity Start Date Time	Month of Activity Start Date Time	Activity Status				Grand Total	
		Completed		Not Completed		Launches	Time (hours)
		Launches	Time (hours)	Launches	Time (hours)	Launches	Time (hours)
2020	December	9,061	2,773	5,089	1,735	14,150	4,508
	November	13,762	5,063	7,138	2,388	20,900	7,450
	October	10,620	3,302	6,599	2,206	17,219	5,508
	September	12,453	3,201	5,636	1,616	18,089	4,817
	August	9,455	2,734	4,723	1,300	14,178	4,034
	July	17,456	5,015	8,281	2,249	25,737	7,264
	June	26,158	7,370	12,957	3,261	39,115	10,631
	May	33,557	11,328	16,708	4,682	50,265	16,011
	April	32,220	11,477	16,225	4,217	48,445	15,694
	March	13,462	5,196	9,802	3,011	23,264	8,206
	February	9,455	3,121	6,539	2,122	15,994	5,244
	January	7,266	2,918	6,914	2,474	14,180	5,391
	Total	194,925	63,497	106,611	31,261	301,536	94,758

MindEd Usage in 2021

Activity Data

Year of Activity Start Date Time	Month of Activity Start Date Time	Completed		Activity Status Not Completed		Grand Total	
		Launches	Time (hours)	Launches	Time (hours)	Launches	Time (hours)
2021	May	596	221	498	171	1,094	392
	April	12,300	3,642	6,774	2,404	19,074	6,046
	March	23,003	6,562	10,579	3,663	33,582	10,226
	February	20,511	5,851	10,318	3,149	30,829	9,001
	January	15,252	5,437	9,683	3,424	24,935	8,860
	Total		71,662	21,714	37,852	12,811	109,514

MindEd Usage in 2020-2021



Coming up in 2021/2022

- Stopping the overmedication of people with a learning disability or autism or both (**STOMP**): adults 10 new sessions
- Supporting wellbeing and resilience of **Blue Light Services staff**: adults 4 new sessions & 2 new sets of tips
- **Bullying and Cyberbullying**; CYP 3 new sessions
- **Education Mental Health Green paper**: CYP 4 new sessions
- **Gender Dysphoria**: CYP 3 new sessions
- Revision of current sessions on **Sexuality**: CYP 2 sessions

If You Like MindEd

Please tell 3 people 😊

...Remember its entirely free

...Open access to all