THEORISING

HUMANISING HEALTHCARE

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Example – Person-centred care

- Person centred care as dominant idea in healthcare
- Focusing on the care needs of the individual, being respectful and responsive to individual
- People rather than patients
- It's not a panacea though –
  - Goodley raises questions about who is the person/individual?
  - Individualised ignores structural inequalities
  - Transforms patients into individual "service users", marketised NHS.

MAPPING THEORY

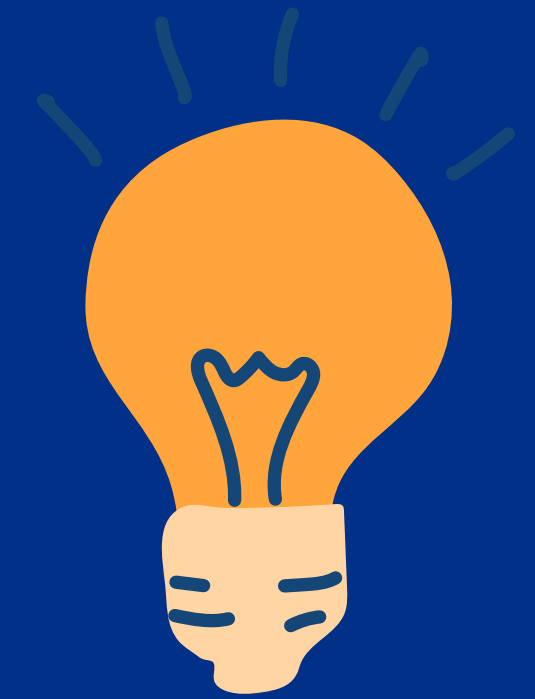|						
1	How people treat each other (interpersonal level)	"Voice is invisible"	Talking and explaining	Listening	Communication	Understanding one another	Taking time, being calm
2	How people look after each other (hierarchical relational level)	Care	Supportive	Help	Support each other (not just receivers of care)	Putting the patient first	Politeness
3	Principles for how we treat one another (conceptual level)	Nice/Kind	Considerate	Respectful	Understanding and empathy		
4	Power (structural, societal level)	"Part of society"	Rights - to choose, to speak up	Empowerment	Choice		

EMERGING IDEAS

WORKING WITH THESE IDEAS

What do we do next?
- Explore what existing theories and philosophies have to say about the self-advocates' ideas
- Produce plain English and Easy Read summaries
- Go back and discuss these ideas with the self-advocates. Do they resonate?

Example 1. "Part of this world"
- What do theories about belonging and identity tell us about what it means to feel a part of this world?
- What can we learn from post-colonial scholars about belonging?
- How can we apply ideas about race, post-colonialism, and diaspora to disability studies?
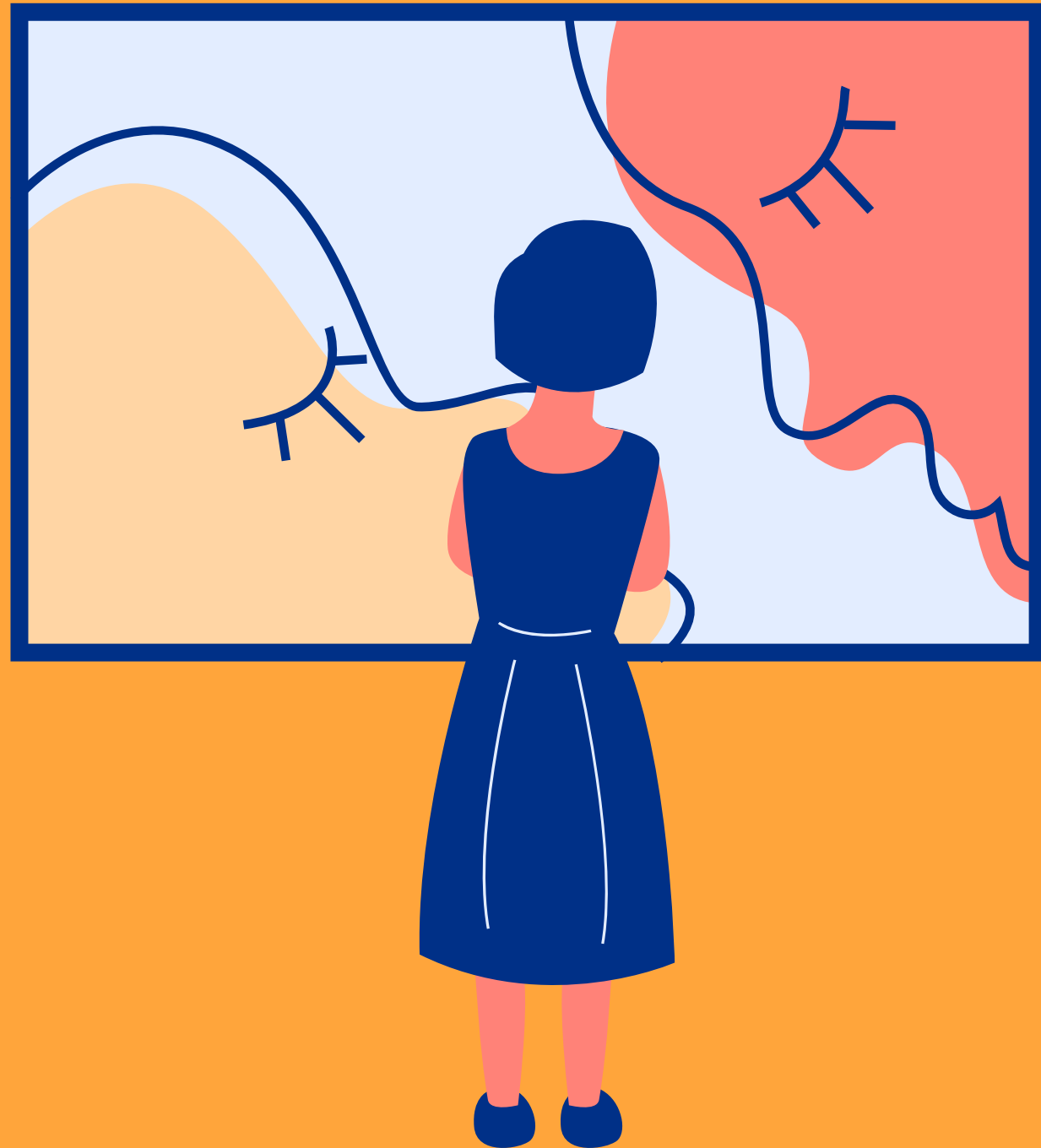
Example 2. Being listened to and feeling heard
- How can post-structuralism help us think about language, connection, and power?
- Can we learn anything from conversation analysis?
- What can we learn from advocacy and grassroots activism?
- What about listening theory, linguistics, communication studies?

Example – Theorising Care

- The invisibility of carers with learning disabilities

- Interdependence

- Care as disempowerment

- Care as co-created

EXHIBITION

A podcast image

Podcast Series **'The Art of Medicine: Love of Humanity'** available <u>here</u>. In this podcast series we talk to activists and researchers with learning disabilities who tell us about the ways in which they have tried to push for humanising healthcare

Photo of Alison Owen

Photo of Vicky Farnsworth

Alison Owen and Vicky Farnsworth of Speakup Self-advocacy share their two stories of healthcare

One which is an inhumane story and the other speaks of Good humanity. Please see a link to their powerpoint below

My Inhumane Appointment
By Alison Owen

HUMANISING HEALTHCARE PROJECT | By Mary Bottomley

Humanising healthcare project
by Mary Bottomley
21-09-2027

H stands for hearing each other
U stands understanding each other and where we come from
M stands for making sure everyone has a chance to share their experiences
A stands accepting everyone for who they are
N stands for nurturing everyone
I stands for information gathered
S stands for sharing our ideas in safe environment
I stands for involvement of everyone working together
N stands for niceness of everyone
G stands for group supporting each other

H stands for helping each other
E stands for encouraging each other
A stands for adapting to each other needs
L stands for loving the work we are doing
T stands for taking time to listening to everyone opinions
H stands for happiness of coming together
C stands for caring for each other
A stands for ability of everyone to bring themselves to the table
R stands for responding to each other in positive way
E stands for enjoyment of coming together to make difference

P stands for patience we have for each other
R stands for resources we each bring to the group
O stands for overcoming our differences to work together
J stands for joy we share working on the project
E stands for excitement of making difference for people with learning disabilities and autism
C stands for chattering and building relationships in the group
T stands for teamwork

This is why I love being part of humanising healthcare project

Humanising Healthcare Online Exhibition

Thank you
for listening!

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